

JOSHUA DANIEL WONDRA

Social Psychology

University of Michigan
Department of Psychology
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Education

Ph.D. in Social Psychology, University of Michigan, Expected 2017

- Dissertation: An Appraisal Theory of Empathy and Other Vicarious Emotional Experiences
- Dissertation Committee: Phoebe Ellsworth, Rich Gonzalez, Ethan Kross, & Muniba Saleem

M.S. in Social and Quantitative Psychology, Illinois State University, 2011

- Master's Thesis: "I've Been There Too": The Relationship Between Perceived Similar Experiences, Perceived Understanding, and Empathy

B.A. in Psychology, Illinois State University, 2009

Research Interests

- I am interested in emotion—both personal emotions that people feel for themselves and vicarious emotions that people feel for others. My current work brings together research on appraisal theories of emotion and research on empathy. In this line of research, I am investigating the role of others' emotion expressions and of what we think about their situations in how we feel for them.
- I am also interested in research methods, both in terms of making good decisions with data and in terms of study design. With respect to making good decisions with data, I have conducted simulation research to explore the consequences of making different decisions in data analysis. With respect to study design, I have begun to look beyond data analysis to explore how things like survey construction affect emotion measurement.

Publications

Wondra, J. D., & Ellsworth, P. C. (2015). An appraisal theory of empathy and other vicarious emotional experiences. *Psychological Review*, 122, 411-428.

Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013). Taking turns: Reciprocal self-disclosure promotes liking in initial interactions. *Journal of Experimental Social Psychology*, 49, 860-866.

Sprecher, S., Treger, S., & Wondra, J. D. (2013). Effects of self-disclosure role on liking, closeness, and other impressions in get-acquainted interactions. *Journal of Social and Personal Relationships*, 30, 497-514.

Harland, D. J., & Wondra, J. D. (2011). Preservice teachers' reflection on clinical experiences: A comparison of blog and final paper assignments. *Journal of Digital Learning in Teacher Education*, 27, 128-133.

Manuscripts in Preparation

Wondra, J. D., & Ellsworth, P. C. (under review). Feeling emotions for others that they don't feel: Agency appraisals and vicarious anger.

Wondra, J. D. (under review). People empathize less with someone who is emotional about a trivial situation.

Wondra, J. D. (under review). What does perspective taking do for empathy?

Wondra, J. D., & Gonzalez, R. (in prep). Always use the separate variances t test for two independent groups.

Honors, Awards, and Fellowships

Rackham Predoctoral Fellowship for outstanding dissertations, \$32000, University of Michigan, 2016

Brickman Award for best research paper in social psychology, \$500, University of Michigan, 2015

Ruth Hamill Award for outstanding research, \$1000, University of Michigan, 2015

Foundation Fellowship for promise of academic success, \$3000, Illinois State University, 2009

Grants

Society for Personality and Social Psychology Conference Travel Grant, \$500, 2016

Undergraduate Research Opportunities Program Research Grant, \$6000, University of Michigan, 2012-2016

Robert B. Zajonc Scholars Fund, \$5000, University of Michigan, 2015

Rackham Travel Grant, \$4750, University of Michigan, 2012-2015

Rackham Graduate Student Research Grant, \$4500, University of Michigan, 2012, 2014

Conferences

Organizer

Bi-Annual Meeting of the International Society for Research on Emotion, St. Louis, MO. (2017, July).

Talks

Wondra, J. D., & Ellsworth, P. C. (2015, July). *An Appraisal Theory of Emotions for Others*. Talk presented at the meeting of the International Society of Research on Emotion, Geneva, Switzerland.

Wondra, J. D., & Reeder, G. D. (2010, May). *Pro-Choice People are Immoral and Pro-Life People are Closed-Minded*. Talk presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Posters

Wondra, J. D. (2016, January). *No One Cares When You Get Excited for Dumb Reasons*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.

- Wondra, J. D. (2016, January). *Does Perspective Taking Increase Empathy with Specific Emotions?* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, April). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger.* Poster presented at the Annual Meeting of the Society for Affective Science, Oakland, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, February). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Lau, B. K. Y., Konrath, S. H., Falk, E., & Wondra, J. (2014, May). *The Benefits versus Harms of Empathy in Intergroup Social Interactions.* Poster presented at the Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Wondra, J. D. (2013, February). *Disclosers Feel Understood By Similar Experiences Independent of Supportive Responses.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
- Wondra, J. D., Novin, S., & Oyserman, D. (2013, January). *Getting More Capable in Just a Minute: Accessible Collectivistic Mindset Improves Perceptual Perspective-Taking Skills.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013, January). *Taking Turns: Reciprocal Self-Disclosure Promotes Liking in Initial Interactions.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Konrath, S., Fuhrel-Forbis, A., Liu, M., O'Brien, E., Wondra, J. D., & Chopik, W. (2012, May). *Empathizing Causes Declines in Blood Glucose: Ego Depletion or Stress Regulation?* Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.
- Wondra, J. D., Reeder, G. D., Hawk, D. A., & Perez, K. W. (2011, May). *Team Stupid and Team Evil: Biased Rationality and Motive Attributions.* Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Treger, S., McClellan, S., Sprecher, S., Wondra, J. D., Wallpe, K., & Gray, J. (2011, May). *Let's Talk: Differences in Self-Disclosure Between Female-Female and Male-*

Female Dyads. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Wondra, J. D., Reeder, G. D., Pryor, J. B., & Hughes, J. S. (2011, January). *Liberals are Immoral and Conservatives are Irrational*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Sprecher, S., Treger, S., & Wondra, J. (2011, January). *Self-Disclosure Given Versus Received in Initial Acquaintance: Differential Effects on Liking, Closeness, and Enjoyment*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Campus Talks

Wondra, J. D. (2015, August) *An Appraisal Theory of Emotions for Others*. Presented to Science of Ethics Workshop: Imagination and Alternative Possibilities at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Interactions and Repeated Measures in Regression*. Presented to Oyserman Lab at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Measurement, Interpretation, and Application of Implicit Processes in Prosocial Emotions*. Presented to Mind and Moral Psychology Working Group at University of Michigan, Ann Arbor, MI.

Teaching

University of Michigan

R Workshop for Psychology Graduate Students, instructor of record, Summer 2016

Empathy and Emotion, instructor of record, Winter 2015

Advanced Statistics II (graduate-level), teaching assistant, Winter 2014

Advanced Statistics I (graduate-level), teaching assistant, Fall 2013

Introduction to Psychology as a Natural Science, teaching assistant, Winter 2013

Introduction to Social Psychology, teaching assistant, Fall 2012

Illinois State University

Introduction to Statistics (undergraduate-level), teaching assistant, Fall 2009-Spring 2011

Departmental Service

Departmental Associate, 2016

Organizer for UM Psychology PhD Alumni Network Project, 2015-2016

Social Psychology Representative for Psychology Graduate Student Association, 2014-2016

Lab Manager for Data Entry/Materials Storage Lab, 2014-2016

Statistics Consultant, 2013-2016

Subject Pool Prescreening Coordinator, 2013-2016

Quantitative Psychology Faculty Search Committee, 2014-2015

Psychology Student Academic Affairs Committee, 2014-2015

Graduate Student Admissions Committee, 2014

Recruitment Weekend Coordinator for Social Psychology, 2013

Professional Service

Ad Hoc Reviewer

Journal of Personality and Social Psychology

Personality and Social Psychology Bulletin

PLOS ONE

Motivation and Emotion

Cognition and Emotion

Journal of Social and Clinical Psychology

Sex Roles

Professional Memberships

Society for Personality and Social Psychology
International Society for Research on Emotion
Society for Affective Science
Association for Psychological Science